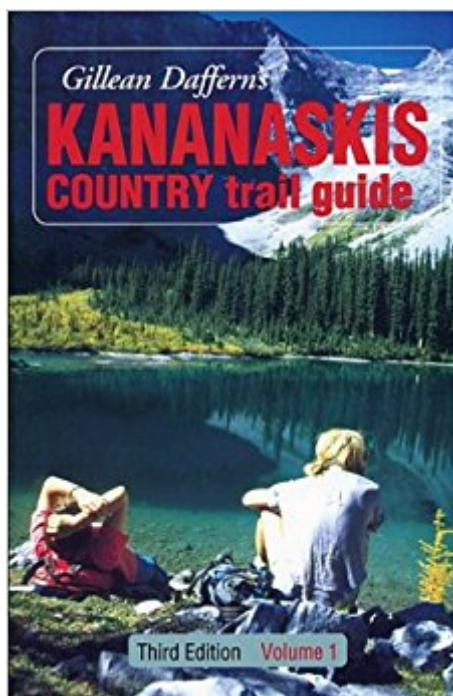


The book was found

# Kananaskis Country Trail Guide, Volume 1



## Synopsis

The third completely re-written guide to 114 hiking trails in Alberta's Kananaskis Country. Volume One covers The Ghost, Canmore and the Bow Valley, Kananaskis Valley, the Spray Smith-Dorrien Area, and Peter Lougheed and Elk Lakes Provincial Parks. The trips run the full gamut from short valley hikes to ridge walks, and from easy mountain scrambles to multi-day backpacks.

## Book Information

Paperback: 272 pages

Publisher: Rocky Mountain Books; 3 edition (October 1, 1996)

Language: English

ISBN-10: 0921102313

ISBN-13: 978-0921102311

Package Dimensions: 8.4 x 5.5 x 0.5 inches

Shipping Weight: 12 ounces

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #1,949,402 in Books (See Top 100 in Books) #56 in [Books > Travel > Canada > Provinces > Alberta](#) #999 in [Books > Travel > Canada > General](#) #1610 in [Books > Sports & Outdoors > Miscellaneous > Reference](#)

## Customer Reviews

Let's start with the best stuff first: There are B&W topo maps in the back of the book displaying all 100+ trails on them. The trails are numbered, so they can be located quickly on the maps. The area the maps cover runs from Canmore down to the Southern tip of Kananaskis. There is one large map showing the location and area coverage of each one of the more detailed maps, making for easy orientation. Natural features such as lakes, waterfalls, glaciers, and icefields are pointed out on the maps, as well as viewpoints and the path each trail or route follows. There are 100+ trails described in this book. For each trail, basic information such as distance and elevation gain is given. Official \*and\* unofficial trails are listed. The author has done an excellent job of providing a lot of detail for each trail: Where to start and how to get there, directions to follow while you're on the trail, things you will encounter on the trail, a few historical facts here and there, etc. etc. I cannot recommend this book enough to any person wanting to visit and hike in K-country. It is an excellent resource and provides invaluable information to hikers.

[Download to continue reading...](#)

Gilleen Daffern's Kananaskis Country Trail Guide-4th Edition: Volume 1: Kananaskis Valley  
Kananaskis Lakes  
Elk Lakes  
The Smith-Dorrien Kananaskis Country Trail Guide, Volume 1  
Plants of Kananaskis Country in the Rocky Mountains of Alberta  
Where Locals Hike In The Canadian Rockies: The Premier Trails in Kananaskis Country Near Canmore + Calgary  
Popular Day Hikes 1: Kananaskis Country (No. 1)  
Popular Day Hikes 1: Kananaskis Country: Popular Day Hikes No. 1  
A guide to Morija: Including self-guided walking tours of historic Morija Mission, mountain "lakes" trail, dinosaur footprints trail, Makhoarane trail  
Pacific Crest Trail Data Book: Mileages, Landmarks, Facilities, Resupply Data, and Essential Trail Information for the Entire Pacific Crest Trail, from Mexico to Canada  
Inca Trail, Cusco & Machu Picchu: Includes Santa Teresa Trek, Choquequirao Trek, Vilcabamba Trail, Vilcabamba To Choquequirao, Choquequirao To Machu ...  
Inca Trail, Cusco & Machu Picchu)  
Hiking Tennessee Trails: Hikes Along Natchez, Trace, Cumberland Trail, John Muir Trail, Overmountain Victory Trail, and many others (Regional Hiking Series)  
Tennessee Trails: Hikes Along the Appalachian Trail, Trail of the Lonesome Pine, Cherokee National Forest Trail and Many Others  
Country Guitar Heroes - 100 Country Licks for Guitar: Master 100 Country Guitar Licks In The Style of The World's 20 Greatest Players (Play Country Guitar Licks)  
Country Guitar Heroes - 100 Country Licks for Guitar: Master 100 Country Guitar Licks In The Style of The 20 Greatest Players (Play Country Guitar Licks)  
Northern Forest Canoe Trail Map 3, Adirondack North Country, East: New York: Saranac River to Lake Champlain (Northern Forest Canoe Trail Maps)  
The World Guide, 11th edition: Global reference, country by country (World Guide: Global Reference Country by (Paperback))  
The Country Fingerstyle Guitar Method: A Complete Guide to Travis Picking, Fingerstyle Guitar, & Country Guitar Soloing (Learn Country Guitar)  
The Country Living Guide to Rural England - The West Country (Travel Publishing): The West Country - Covers Cornwall, Devon, Somerset and Dorset  
A Guide to the North Kaibab Trail (Grand Canyon Trail Guide Series)  
Alpe-Adria Trail: From the Alps to the Adriatic: A Guide to Hiking through Austria, Slovenia and Italy (Bradt Travel Guide)  
Alpe-Adria Trail: From the Alps to the Adriatic  
Appalachian Trail Guide to New Hampshire-Vermont/With Maps (Appalachian Trail Guide Series)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)