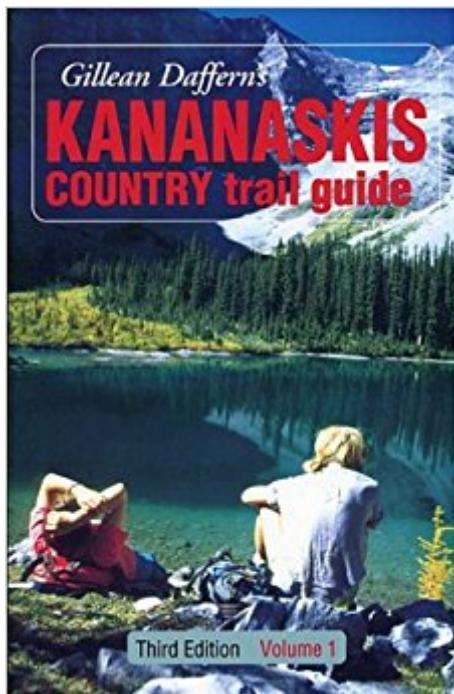


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Kananaskis Country Trail Guide, Volume 1



Synopsis

The third completely re-written guide to 114 hiking trails in Alberta's Kananaskis Country. Volume One covers The Ghost, Canmore and the Bow Valley, Kananaskis Valley, the Spray Smith-Dorrien Area, and Peter Lougheed and Elk Lakes Provincial Parks. The trips run the full gamut from short valley hikes to ridge walks, and from easy mountain scrambles to multi-day backpacks.

Book Information

Paperback: 272 pages

Publisher: Rocky Mountain Books; 3 edition (October 1, 1996)

Language: English

ISBN-10: 0921102313

ISBN-13: 978-0921102311

Package Dimensions: 8.4 x 5.5 x 0.5 inches

Shipping Weight: 12 ounces

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #1,949,402 in Books (See Top 100 in Books) #56 in Books > Travel > Canada > Provinces > Alberta #999 in Books > Travel > Canada > General #1610 in Books > Sports & Outdoors > Miscellaneous > Reference

Customer Reviews

Let's start with the best stuff first: There are B&W topo maps in the back of the book displaying all 100+ trails on them. The trails are numbered, so they can be located quickly on the maps. The area the maps cover runs from Canmore down to the Southern tip of Kananaskis. There is one large map showing the location and area coverage of each one of the more detailed maps, making for easy orientation. Natural features such as lakes, waterfalls, glaciers, and icefields are pointed out on the maps, as well as viewpoints and the path each trail or route follows. There are 100+ trails described in this book. For each trail, basic information such as distance and elevation gain is given. Official *and* unofficial trails are listed. The author has done an excellent job of providing a lot of detail for each trail: Where to start and how to get there, directions to follow while you're on the trail, things you will encounter on the trail, a few historical facts here and there, etc. etc. I cannot recommend this book enough to any person wanting to visit and hike in K-country. It is an excellent resource and provides invaluable information to hikers.

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